



**July  
2026**

# Group Cycling

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Tom A. Finch Community YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 No Class	2 9:15 AM - 10 AM (Kelly) 6:15 PM - 7 PM (Brandi)	3 No Class	4 Happy 4th Of July YMCA IS Closed
5 No Class	6 No Class	7 9:15 AM - 10 AM (Carrie) 12:15 PM - 1 PM (Brandi)	8 No Class	9 9:15 AM - 10 AM (Kelly) 6:15 PM - 7 PM (Brandi)	10 No Class	11 9:15 AM - 10 AM (Carrie)
12 No Class	13 No Class	14 9:15 AM - 10 AM (Brandi) 12:15 PM - 1 PM (Brandi)	15 No Class	16 9:15 AM - 10 AM (Brandi) 6:15 PM - 7 PM (Brandi)	17 No Class	18 9:15 AM - 10 AM (Brandi)
19 No Class	20 No Class	21 9:15 AM - 10 AM (Kelly) 12:15 PM - 1 PM (Brandi)	22 No Class	23 9:15 AM - 10 AM (Carrie) 6:15 PM - 7 PM (Carrie)	24 No Class	25 No Class
26 No Class	27 No Class	28 9:15 AM - 10 AM (Carrie) 12:15 PM - 1 PM (Kelly)	29 No Class	30 9:15 AM - 10 AM (Kelly) 6:15 PM - 7 PM (Carrie)	31 No Class	