



Group Yoga

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Tom A. Finch Community YMCA

June
2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 No Class	2 6:15 AM – 7:00 AM All Levels (Casey) 6 PM– 7:00 PM All Levels (Maryann)	3 No Class	4 6:15 AM – 7:00 AM All Levels (Nancy) 7 PM – 7:45 PM All Levels (Casey) Cancelled	5 No Class	6 10:05 AM – 11:05 AM Yoga All Levels (Maryann) Cancelled
7 No Class	8 No Class	9 6:15 AM – 7:00 AM All Levels (Casey) 6 PM– 7:00 PM All Levels (Maryann)	10 No Class	11 7 PM – 7:45 PM All Levels (Casey)	12 No Class	13 10:05 AM – 11:05 AM Yoga All Levels (Maryann)
14 No Class	15 No Class	16 6:15 AM – 7:00 AM All Levels (Casey) 6 PM– 7:00 PM All Levels (Maryann)	17 No Class	18 6:15 AM – 7:00 AM All Levels (Nancy) 7 PM – 7:45 PM All Levels (Casey)	19 No Class	20 10:05 AM – 11:05 AM Yoga All Levels (Maryann)
21 No Class	22 No Class	23 6:15 AM – 7:00 AM All Levels (Casey) 6 PM– 7:00 PM All Levels (Maryann)	24 No Class	25 7 PM – 7:45 PM All Levels (Casey)	26 No Class	27 10:05 AM – 11:05 AM Yoga All Levels (Maryann)
28 No Class	29 No Class	30 6:15 AM – 7:00 AM All Levels (Casey) 6 PM– 7:00 PM All Levels (Maryann)				