



**August
2026**

Group Cycling

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Tom A. Finch Community YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 No Class
2 No Class	3 No Class	4 9:15 AM - 10 AM (Carrie) 12:15 PM - 1 PM (Brandi)	5 No Class	6 9:15 AM - 10 AM (Kelly) 6:15 PM - 7 PM (Brandi)	7 No Class	8 9:15 AM - 10 AM (Carrie)
9 No Class	10 No Class	11 9:15 AM - 10 AM (Carrie) 12:15 PM - 1 PM (Brandi)	12 No Class	13 9:15 AM - 10 AM (Kelly) 6:15 PM - 7 PM (Brandi)	14 No Class	15 9:15 AM - 10 AM (Brandi)
16 No Class	17 No Class	18 9:15 AM - 10 AM (Carrie) 12:15 PM - 1 PM (Brandi)	19 No Class	20 9:15 AM - 10 AM (Kelly) 6:15 PM - 7 PM (Brandi)	21 No Class	22 No Class
23/30 No Class	24/31 No Class	25 9:15 AM - 10 AM (Carrie) 12:15 PM - 1 PM (Brandi)	26 No Class	27 9:15 AM - 10 AM (Kelly) 6:15 PM - 7 PM (Brandi)	28 No Class	29 No Class