



Group Yoga

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Tom A. Finch Community YMCA

**April
2026**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 No Class	2 7 PM – 7:45 PM All Levels (Casey)	3 Good Friday No Classes	4 Easter Weekend No Class
5 Happy Easter YMCA Is Closed	6 No Class	7 6:15 AM – 7:00 AM All Levels (Casey) 6 PM– 7:00 PM All Levels (Casey)	8 No Class	9 6:15 AM – 7:00 AM All Levels (Nancy) 7 PM – 7:45 PM All Levels (Casey)	10 No Class	11 10:05 AM – 11:05 AM Yoga All Levels (Maryann)
12 No Class	13 No Class	14 6:15 AM – 7:00 AM All Levels (Casey) 6 PM– 7:00 PM All Levels (Maryann)	15 No Class	16 7 PM – 7:45 PM All Levels (Casey)	17 No Class	18 10:05 AM – 11:05 AM Yoga All Levels (Maryann)
19 No Class	20 No Class	21 6:15 AM – 7:00 AM All Levels (Casey) 6 PM– 7:00 PM All Levels (Maryann) Cancelled	22 No Class	23 6:15 AM – 7:00 AM All Levels (Nancy) 7 PM – 7:45 PM All Levels (Casey)	24 No Class	25 10:05 AM – 11:05 AM Yoga All Levels (Maryann)
26 No Class	27 No Class	28 6:15 AM – 7:00 AM All Levels (Casey) 6 PM– 7:00 PM All Levels (Maryann)	29 No Class	30 7 PM – 7:45 PM All Levels (Casey) Cancelled		