



Child Care Newsletter - March

Can you believe it is almost March already!? We have a lot of fun and important events coming up this month and we hope you are as excited as we are!



After-School Swim

After School Swim will start back **Monday, March 2nd.**

Swim will be on Mondays from **4:15 - 5:00 PM** for **ALL Classes.**

If your child plans to participate, make sure your child brings:

- YMCA appropriate Swimsuit
- Beach Towel
- Extra Bag for Wet Swimsuit

The last day will be Monday, March 23rd.

On the first day that a child swims during After School, they will be required to complete a swim test to determine what level they are. Once they complete the swim test on the first day, they will NOT have to repeat this test for the remainder of After School.

As a reminder, there are 3 different levels:

Red Band: Must wear a life jacket and stay in shallow.



St. Patrick's Day Activities

We will be having special St. Patrick's Day themed activities on **Tuesday, March 17th** for all child care program participants from **4:15 - 5:00 PM.**



Red Cross Connection

On **Thursday, March 26th** from **4:15 - 5:00 PM,** the **AR 1/2 class** will have a special guest speaker from the **American Red Cross.**

Each child from **(K - 2nd grade)** will participate in a Prepare with Pedro Educational Activity and get to **bring home a special activity book after their lesson.**

Yellow Band: Must stay in the shallow end.

Green Band: May swim in both shallow and deep end.



Field Trips

Tuesday, March 3rd: DCS/RCS ALL DAY

- Creekside & Cookout (AR 1/2 Class) - \$6 (due Friday)
- Putt-Putt & Bruster's (AR 3/4 Class, MPR, Teen Room) - \$12 (due Friday)

Wednesday, March 11th: TCS Early Release (no registration needed)

Friday, March 20th: TCS ALL DAY

- Creekside & Cookout (All Classes) - \$6 (due 3/11/26)

Thursday, April 2nd: RCS Early Release (no registration needed)

Spring Break Trips:

- **Monday, April 6th:** Dan Nicholas Park
- **Tuesday, April 7th:** Greensboro Science Center
- **Wednesday, April 8th:** Zootastic
- **Thursday, April 9th:** Greensboro Children's Museum
- **Friday, April 10th:** Airbound/Ninja Kids

National CACFP Week

March 16th - 20th is National CACFP Week. **CACFP** stands for the **Child and Adult Food Program**.

This program is what allows us to serve our child care participants **5-component Super Snacks daily** along with breakfast when school is out and all of our meals for the Pre-K program.

During CACFP Week, we will have special **Nutrition Themed crafts, hands-on activities, and snacks** as we learn about and celebrate child nutrition.



March Snack Calendar



Mon	Tue	Wed	Thu	Fri
2 WG Cheeze-Its, Beef Stick, Peaches, Baby Carrots, Milk	3 AM —Teddy Grahams, Applesauce, Water Sun Chips, String Cheese, Green Bell Pepper, Mandarin Oranges, Milk	4 HOT SNACK Macaroni & Cheese, Green Beans, Peaches, and Milk	5 Pretzels, Peanut Butter, Apple Sauce, Baby Carrots, Milk	6 Cheese Crackers, Beef Stick, 100% Fruit Juice, Baby Carrots, Milk
9 Popcorn, Beef Stick, Apple Slices, Baby Carrots, Milk	10 Teddy Grahams, Peanut Butter, Pineapple, Celery Sticks, Milk	11 HOT SNACK Corn dogs, Whole Pickles, Mandarin Oranges, and Milk	12 Tortilla Chips, Tomato Salsa, Pepperoni Slices, Mixed Fruit Cup, Milk	13 Goldfish, 100% Fruit Juice, String Cheese, Baby Carrots, Milk
16 WG Cheeze-Its, Beef Stick, Peaches, Baby Carrots, Milk	17 Sun Chips, String Cheese, Green Bell Pepper, Mandarin Oranges, Milk	18 HOT SNACK Cheese Pizza, Green Peas, Peaches, and Milk	19 Pretzels, Peanut Butter, Apple Sauce, Baby Carrots, Milk	20 AM —Muffins, 100% Fruit Juice Cheese Crackers, Beef Stick, Apple Slices, 100% Vegetable Juice, Milk
23 Popcorn, Beef Stick, Peaches, Baby Carrots, Milk	24 Teddy Grahams, Peanut Butter, Pineapple, Celery Sticks, Milk	25 HOT SNACK Chicken Nuggets, Corn, Apple Sauce, and Milk	26 Tortilla Chips, Tomato Salsa, Pepperoni Slices, Mixed Fruit Cup, Milk	27 Goldfish, 100% Fruit Juice, String Cheese, Baby Carrots, Milk
30 WG Cheeze-Its, Beef Stick, Peaches, Baby Carrots, Milk	31 Sun Chips, String Cheese, Green Bell Pepper, Mandarin Oranges, Milk	This institution is an equal opportunity provider. Water and Low-fat milk offered at every meal. All grains are whole grain. Menu is subject to change based on availability. For questions or allergy concerns, please contact Emily Wheeley, Director of Child Care - Emily.Wheeley@MyYNow.org.		



March Child Care Events

Mon	Tue	Wed	Thu	Fri
2 SWIM—ALL CLASSES 4:15—5:00 PM NC Pre-K Registration Opens (see main desk)	3 DCS/RCS All Day—Two Trips (see desk for more info)	4	5 National Cheese Doodle Day! 	6 Snack Hut
9 SWIM—ALL CLASSES 4:15—5:00 PM	10	11 Registration for TCS 3/20 All Day DUE	12 National Plant a Flower Day! 	13 Snack Hut
16 SWIM—ALL CLASSES 4:15—5:00 PM Smart Start NC Pre-K Registration Opens (contact Smart Start)	17 St. Patrick's Day Activities 	18 National CACFP Week—Special Fruit Skewer Activity! 	19 National CACFP Week—Nutrition Themed Craft! Child Care Payment Due	20 Snack Hut TCS All Day—Creekside & Cookout (Reg. Due 3/11)
23 SWIM—ALL CLASSES 4:15—5:00 PM	24	25	26 AR 1/2 Class ONLY: American Red Cross — Prepare with Pedro Lesson (4:15-5:00 PM)	27 Snack Hut Registration for Spring Break ALL DAYS Due
30 NO SWIM	31	1	2 RCS Early Release	3 APRIL 3RD—CHILD CARE CLOSED

As a reminder, Child Care will be CLOSED April 3rd, May 25th, June 4th and June 5th. Please plan alternate child care these days.

HAPPENING NOW:

- Youth Soccer Late Registration ENDS March 6th
- Youth Volleyball Registration ENDS March 12th, Late Registration ENDS March 20th
- March Swim Lessons (see front desk)
- Babysitter Training Certification Class—Saturday, March 28th (Registration ENDS March 20th)
- Interested in Pre-K for next school year? See front desk.