



**FOR YOUTH DEVELOPMENT®**  
**FOR HEALTHY LIVING**  
**FOR SOCIAL RESPONSIBILITY**

# SUMMER'S LAST CHANCE

## TOM A FINCH COMMUNITY YMCA SWIM LESSONS

### August Mini Session: August 6-9

Monday through Thursday

Four lessons, four nights a week

#### Pre-School ages 3-5

5:00 - Stage 4 (Stroke Introduction)

5:30 - Stage 3 (Water Stamina)

6:00 - Stage 1/2 (Water Movement)

#### School-Age ages 6-14

5:00 - Stage 4 (Stroke Introduction)

5:30 - Stage 3 (Water Stamina)

6:00 - Stage 1/2 (Water Movement)

**Hurry! Registration begins July 19th.**

**Classes fill up FAST!**

**Register in house or online!**

Not sure where your child should start? See our member service desk and ask for the **SWIM LESSON FLOW CHART** to follow the skill progression and see what class will fit your child's individual needs.

#### Cost:

Tom A Finch YMCA Members: \$14

Program Participants: \$38



Contact Alex Laughlin, Swim Lesson Coordinator • [Alex.Laughlin@MyYNow.org](mailto:Alex.Laughlin@MyYNow.org) • 336-475-6125 ext. 293

Contact Melynda Brewer, Aquatics Director • [Melynda.Brewer@MyYNow.org](mailto:Melynda.Brewer@MyYNow.org) • 336-474-5245