



# October Gym Schedule

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

**SUNDAY      MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY      SATURDAY**

	<b>1</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 1:30 pm - 5:15 pm 8:30 pm - 9:15 pm <b>PICKLE-BALL*</b> 7:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm <b>YOUTH VOLLEYBALL</b> 5:15 pm - 8:30 pm	<b>2</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 12:00 pm - 6:15 pm 8:30 pm - 9:15 pm <b>PICKLE-BALL*</b> 7:00 am - 12:00 pm <b>YOUTH VOLLEYBALL</b> 6:15 pm - 8:30 pm	<b>3</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 1:30 pm - 9:15 pm <b>PICKLE-BALL*</b> 9:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm	<b>4</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 12:00 pm - 5:45 pm 8:30 pm - 9:15 pm <b>PICKLE-BALL*</b> 7:00 am - 12:00 pm <b>YOUTH VOLLEYBALL</b> 5:45 pm - 8:30 pm	<b>5</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 1:30 pm - 6:45 pm <b>PICKLE-BALL*</b> 7:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm <b>YOUTH VOLLEYBALL</b> 6:45 pm - 8:00 pm	<b>6</b> <b>YOUTH VOLLEYBALL</b> 8:00am - 2:15pm <b>OPEN GYM</b> 2:15pm - 3:45pm	
<b>7</b> <b>OPEN GYM</b> 2:00 pm - 5:45 pm	<b>8</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 1:30 pm - 5:15 pm 8:30 pm - 9:15 pm <b>PICKLE-BALL*</b> 7:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm <b>YOUTH VOLLEYBALL</b> 5:15 pm - 8:30 pm	<b>9</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 12:00 pm - 6:15 pm 8:30 pm - 9:15 pm <b>PICKLE-BALL*</b> 7:00 am - 12:00 pm <b>YOUTH VOLLEYBALL</b> 6:15 pm - 8:30 pm	<b>10</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 1:30 pm - 9:15 pm <b>PICKLE-BALL*</b> 9:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm	<b>11</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 12:00 pm - 5:45 pm 8:30 pm - 9:15 pm <b>PICKLE-BALL*</b> 7:00 am - 12:00 pm <b>YOUTH VOLLEYBALL</b> 5:45 pm - 8:30 pm	<b>12</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 1:30 pm - 6:45 pm <b>PICKLE-BALL*</b> 7:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm <b>YOUTH VOLLEYBALL</b> 6:45 pm - 8:00 pm	<b>13</b> <b>YOUTH VOLLEYBALL</b> 8:00am - 1:15pm <b>OPEN GYM</b> 1:15pm - 3:45pm	
<b>14</b> <b>OPEN GYM</b> 2:00 pm - 5:45 pm	<b>15</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 1:30 pm - 5:45 pm 8:00 pm - 9:15 pm <b>PICKLE-BALL*</b> 7:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm <b>YOUTH VOLLEYBALL</b> 5:45 pm - 8:00 pm	<b>16</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 12:00 pm - 5:45 pm 8:00 pm - 9:15 pm <b>PICKLE-BALL*</b> 7:00 am - 12:00 pm <b>YOUTH VOLLEYBALL</b> 5:45 pm - 8:00 pm	<b>17</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 1:30 pm - 9:15 pm <b>PICKLE-BALL*</b> 9:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm <b>GYM CLOSED</b> 4:00pm - 5:00pm	<b>18</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 12:00 pm - 5:45 pm 8:00 pm - 9:15 pm <b>PICKLE-BALL*</b> 7:00 am - 12:00 pm <b>YOUTH VOLLEYBALL</b> 5:45 pm - 8:00 pm	<b>19</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 1:30 pm - 5:45 pm <b>PICKLE-BALL*</b> 7:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm <b>YOUTH VOLLEYBALL</b> 5:45 pm - 8:00 pm	<b>20</b> <b>OPEN GYM</b> 8:00 am - 10:15 am <b>YOUTH VOLLEYBALL</b> 10:15am - 3:45pm	
<b>21</b> <b>OPEN GYM</b> 2:00 pm - 5:45 pm	<b>22</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 1:30 pm - 5:45 pm 8:00 pm - 9:15 pm <b>PICKLE-BALL*</b> 7:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm <b>YOUTH VOLLEYBALL</b> 5:45 pm - 8:00 pm	<b>23</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 12:00 pm - 5:45 pm 8:00 pm - 9:15 pm <b>PICKLE-BALL*</b> 7:00 am - 12:00 pm <b>YOUTH VOLLEYBALL</b> 5:45 pm - 8:00 pm	<b>24</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 1:30 pm - 9:15 pm <b>PICKLE-BALL*</b> 9:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm	<b>25</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 12:00 pm - 5:45 pm 8:00 pm - 9:15 pm <b>PICKLE-BALL*</b> 7:00 am - 12:00 pm <b>YOUTH VOLLEYBALL</b> 5:45 pm - 8:00 pm	<b>26</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 1:30 pm - 5:45 pm <b>PICKLE-BALL*</b> 7:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm <b>YOUTH VOLLEYBALL</b> 5:45 pm - 8:00 pm	<b>27</b> <b>YOUTH VOLLEYBALL</b> 8:00am - 1:15pm <b>OPEN GYM</b> 1:15pm - 3:45pm	
<b>28</b> <b>OPEN GYM</b> 2:00 pm - 5:45 pm	<b>29</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 1:30 pm - 5:45 pm 8:00 pm - 9:15 pm <b>PICKLE-BALL*</b> 7:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm <b>YOUTH VOLLEYBALL</b> 5:45 pm - 8:00 pm	<b>30</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 12:00 pm - 5:45 pm 8:00 pm - 9:15 pm <b>PICKLE-BALL*</b> 7:00 am - 12:00 pm <b>YOUTH VOLLEYBALL</b> 5:45 pm - 8:00 pm	<b>31</b> <b>OPEN GYM</b> 5:30 am - 7:00 am 1:30 pm - 9:15 pm <b>PICKLE-BALL*</b> 9:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm	<div style="background-color: black; color: white; padding: 10px; border-radius: 10px;"> <b>NOTES:</b> <ul style="list-style-type: none"> <li>*Participants of Adult Lunchtime Basketball AND Pickle-ball must be at least 19 years of age.</li> <li>Mon.-Fri. (during open gym time) half of the gym may be used by Y Child Care.</li> </ul> </div>			