



August Gym Schedule

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|--|---|--|---|--|---|---|---|
| NOTES: <ul style="list-style-type: none"> *Participants of Adult Lunchtime Basketball AND Pickle-ball must be at least 19 years of age. Gym will be CLOSED for cleaning every Wednesday 7-9am | | 1 OPEN GYM 5:30 am - 7:00 am 12:00 pm - 9:15 pm PICKLE-BALL* 7:00 am - 12:00 pm | 2 OPEN GYM 5:30 am - 7:00 am 1:30 pm - 9:15 pm GYM CLOSED 7:00 am - 9:00 am PICKLE-BALL* 9:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm | 3 OPEN GYM 5:30 am - 7:00 am 12:00 pm - 9:15pm PICKLE-BALL* 7:00 am - 12:00 pm | 4 OPEN GYM 5:30 am - 7:00 am 1:30 pm - 7:45 pm PICKLE-BALL* 7:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm | 5 OPEN GYM 8:00am - 3:45pm | |
| | 6 OPEN GYM 2:00 pm - 5:45 pm | 7 OPEN GYM 5:30 am - 7:00 am 1:30 pm - 9:15 pm PICKLE-BALL* 7:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm | 8 OPEN GYM 5:30 am - 7:00 am 12:00 pm - 9:15 pm PICKLE-BALL* 7:00 am - 12:00 pm | 9 OPEN GYM 5:30 am - 7:00 am 1:30 pm - 9:15 pm GYM CLOSED 7:00 am - 9:00 am PICKLE-BALL* 9:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm | 10 OPEN GYM 5:30 am - 7:00 am 12:00 pm - 9:15pm PICKLE-BALL* 7:00 am - 12:00 pm | 11 OPEN GYM 5:30 am - 7:00 am 1:30 pm - 7:45 pm PICKLE-BALL* 7:00 am - 11:30 am Adult Basketball* 11:45 am - 1:30 pm | 12 OPEN GYM 8:00am - 3:45pm |
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