

What age group is your child?

3-5 years old

Follow the flow chart that matches your child's age group.

6-14 years old

You need to register for the Pre-School Ages 3-5 States 1/2, Water Movement class

You need to register for the School Age Ages 6-14 States 1/2, Water Movement class

Can they successfully submerge and open their eyes under water?  
Can they successfully glide through the water on their front and back without assistance?  
Can they successfully float on their front and back without assistance?  
Can they safely exit the water without assistance or use of the ramp or ladder?  
Can they roll from their front to their back unassisted?

No to all

No to all

Yes to some

Yes to some

Yes to all

Yes to all

You need to register for the Pre-School Ages 3-5 Stage 3 Water Stamina class

You need to register for the School Age Ages 6-14 Stage 3 Water Stamina class

Can your child swim on their front and back for half the length of the pool without stopping?  
Can they successfully dive for rings or toys in the shallow end?  
Can your child jump in over their head and get back to the wall without assistance?  
Can your child swim on their front, roll over for a rest, and return to their front for the length of the pool without assistance?

No to all

No to all

Yes to some

Yes to some

Yes to all

Yes to all

You need to register for the Pre-School Ages 3-5 Stage 4 Stroke Introduction class

You need to register for the School Age Ages 6-14 Stage 4 Stroke Introduction class

Does your child understand the 4 competitive swim strokes?  
Can they successfully swim freestyle or back stroke half the distance of the pool?  
Can they successfully use the breaststroke and butterfly kicks?  
Can they successfully swim the length of the pool using a combination of strokes?

No to all

No to all

Yes to some

Yes to some

Yes to all

Yes to all

Still not sure? Contact the Aquatics Director or Swim Lesson Coordinator to schedule a swim test.

You need to register for the School Age Ages 6-14 Stages 5/6 Stroke Development and Mechanics class

Can they swim a whole length of the pool but not quite 2 lengths of the pool using a combination of any strokes?

Not sure?

Yes