



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PARENT & CHILD SWIMMING

TOM A FINCH COMMUNITY YMCA SWIM LESSONS

September Parent/Child Swim Lessons Ages 6 months to 3 years old

Dates: September 5, 7, 12, 14, 19, 21

Time: 5:30-6:00 PM

6 lessons, 30 minutes each, Tuesday and Thursday evenings

Cost:

Tom A Finch YMCA Members: \$15

Program Participants: \$50

Hurry! Registration begins August 10th!

What do you need to know about Parent/Child Swim Lessons?

- Each child must be accompanied by a parent or guardian.
- Swim diapers for children not yet potty trained are required.
- Anyone entering the pool must have proper swim attire such as a bathing suit.
- This class is designed to help acclimate young children to the water within their comfort zone by having someone they trust with them. This should not be used as a replacement for the best defense against drowning, actively watching your children in the water. This class will not "drown proof" your child.



Contact Alex Laughlin, Swim Lesson Coordinator • Alex.Laughlin@MyYNow.org • 336-475-6125 ext. 293
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