

IT'S A GREAT TIME TO JOIN THE Y

TOM A. FINCH COMMUNITY YMCA CORPORATE MEMBERSHIP PLAN

<u>DID YOU KNOW</u> the American Heart Association notes the following as benefits of employee health programs?

- Improved employee health
- Better controlled healthcare costs
- Increased productivity

- Reduced absenteeism
- Improved job satisfaction
- Improved employee recruitment and retention

Our Corporate Membership Plan

- Joining fee waived (up to \$85 savings) if company subsidizes the employee's membership by at least 5%
- YMCA matches company's subsidy up to 15%
- Facility usage reports
- · Need at least five participating employees

Just Some of What We Offer

- Spacious Wellness Center
- Free Group Exercise Classes
- Free Wellness Orientation
- FitLinxx (computerized workout system)
- Free Kids Club while you exercise
- Indoor Pool
- Fields and Trails
- Birthday Party Rentals
- Racquetball and Pickleball
- Reduced Rates for Programs
- Free Access to YMCAs in NC and VA
- Earn \$25 when you refer a friend

Please see MyYNow.org for more information and other programs



For more information please contact:

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