



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUMMER'S LAST CHANCE

TOM A FINCH COMMUNITY YMCA SWIM LESSONS

August Mini Session: August 7-10

Monday through Thursday

Four lessons, four nights a week

Pre-School ages 3-5

5:00 - Water Movement (Stages 1/2)

5:30 - Stroke Introduction (Stages 3/4)

6:00 - Water Movement (Stages 1/2)

School-Age ages 6-14

5:00 - Water Movement (Stages 1/2)

5:30 - Stroke Introduction (Stages 3/4)

6:00 - Water Movement (Stages 1/2)

Hurry! Registration begins July 20th.

Classes fill up FAST!

Register in house or online!

Not sure where your child should start? See our member service desk and ask for the **SWIM LESSON FLOW CHART** to follow the skill progression and see what class will fit your child's individual needs.

Cost:

Tom A Finch YMCA Members: \$12

Program Participants: \$35



Contact Alex Laughlin, Swim Lesson Coordinator • Alex.Laughlin@MyYNow.org • 336-475-6125 ext. 293

Contact Melynda Brewer, Aquatics Director • Melynda.Brewer@MyYNow.org • 336-474-5245